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CHILTERN
District Council

Council

S U P P L E M E N T

Tuesday, 13 November 2018, Council Chamber – Council Offices

Item

- 13 Presentation on Dementia from NHS Buckinghamshire Clinical Commissioning Group (*Pages 3 - 26*)



Let's talk
about
dementia

Dr Sian Roberts
Buckinghamshire CCG Clinical Director
Mental Health, Learning Disabilities and Dementia

What is Dementia ?

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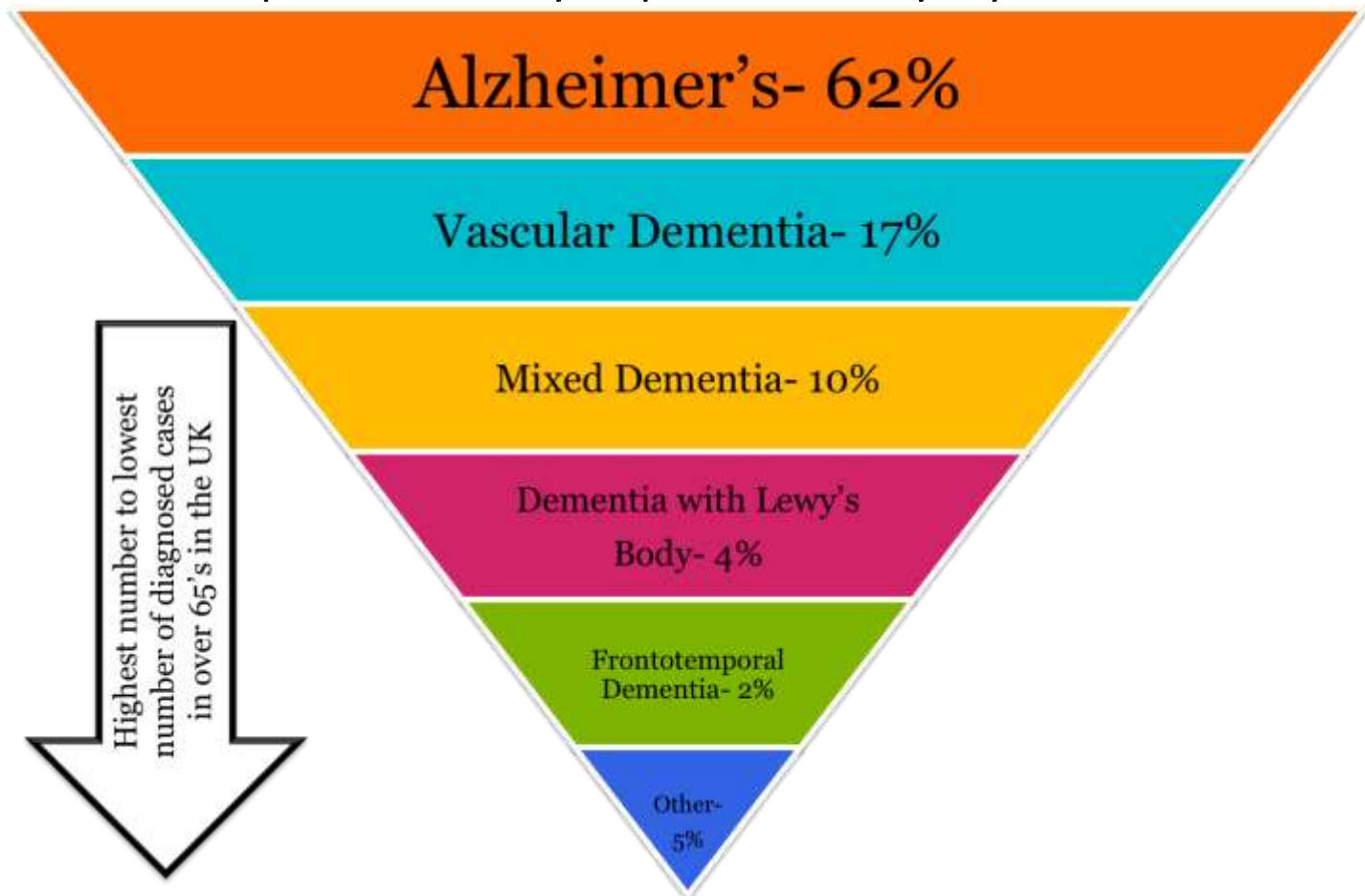


Dementia is not forgetting what you went into the room for, but walking into a room and not knowing what the room is for

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Dementia

A decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities.



Highest number to lowest
number of diagnosed cases
in over 65's in the UK

The scale of the challenge

850,000 people living with dementia in the UK

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By 2025

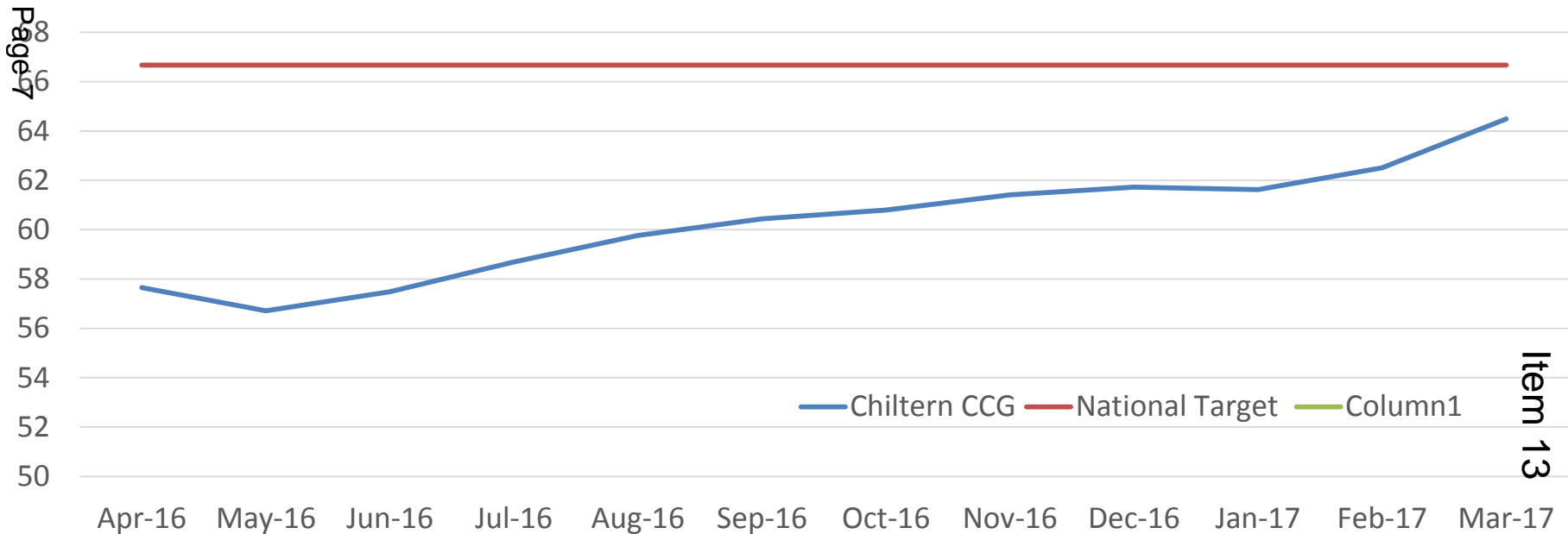
over **one million** people could have dementia in the UK

By 2050

this figure will exceed **2 million**

Buckinghamshire

- **6,500 people over 65 year olds are probably living with dementia in Buckinghamshire**
- **4200 people have been diagnosed ; i.e. 65% (Aug 18)**



Prime Minister's Challenge on Dementia 2020

Maintain a diagnosis rate of at least two thirds

Increase the numbers of people receiving a dementia diagnosis within six weeks of a GP referral

Improve quality of post-diagnosis treatment and support for people with dementia and their carers.

Why Diagnose Dementia ?

“A dementia diagnosis will aid the understanding of care workers, family members and friends, leading to better support of the person with dementia.

It can lead to more appropriate care and support, may give the person with dementia the opportunity to plan for the future and depending on the type and stage of dementia specific treatments or interventions may be available”

Alzheimer's Society

Facts and figures ...

850,000 people in the UK have dementia

Costs the economy an estimated £26 billion per annum

25% of people in hospital have dementia

People with dementia stay 10 days longer in hospital

70% of care home residents have dementia

People with dementia are 9 times more likely to fall

People with dementia are 3 x more likely to have a hip fracture

One third of people who die, have dementia

Diagnosis

- **Memory Clinics - Amersham Hospital**
- **Memory assessment closer to home [MACH] -Denham Medical Centre**
- **Screening in Care Homes**



Dementia

I was diagnosed in a timely way
I know what I can do to help myself and who else can help me
Those around me are well supported and in good health
I get the treatment and support, which are best for my
dementia, and my life
I feel included as part of society
I understand so I make good decisions and provide for future
decision making
I am treated with dignity and respect
I am confident my end of life wishes will be respected. I can
expect a good death
I know how to participate in research

Post Diagnostic Support

1. Memory Support Service (Alzheimer's Society)

901 new referrals received in 2017 – 2018

Dementia information and planning

Training for public, patients, carers and professionals

1:1 support planning

2. Carers Bucks

for carers and also run dementia carers support groups for Young people with Dementia

3. GPs

Offer detailed patient centred annual reviews

4. Memory Clinic Community Psychiatric Nurses

5. Dementia Road Map



MEMORY SUPPORT SERVICE

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TELEPHONE: 01296 331749

BUCKS.MEMORYSUPPORT@NHS.NET



Buckinghamshire
Clinical Commissioning Group



Supporting people
worried about
their memory in
Buckinghamshire

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This is me

This leaflet will help you support me
in an unfamiliar place.



Dementia Friendly Communities aim to:

- Support local communities to work together to support individuals living with dementia.
- Increase public awareness and understanding of dementia
- Better support individuals living with dementia and memory impairments to continue accessing services, facilities and activities safely and confidently.
- Enable people living with dementia and memory impairments to remain independent for longer.
- Encourage people with dementia and memory impairments and their carers to seek help and support.

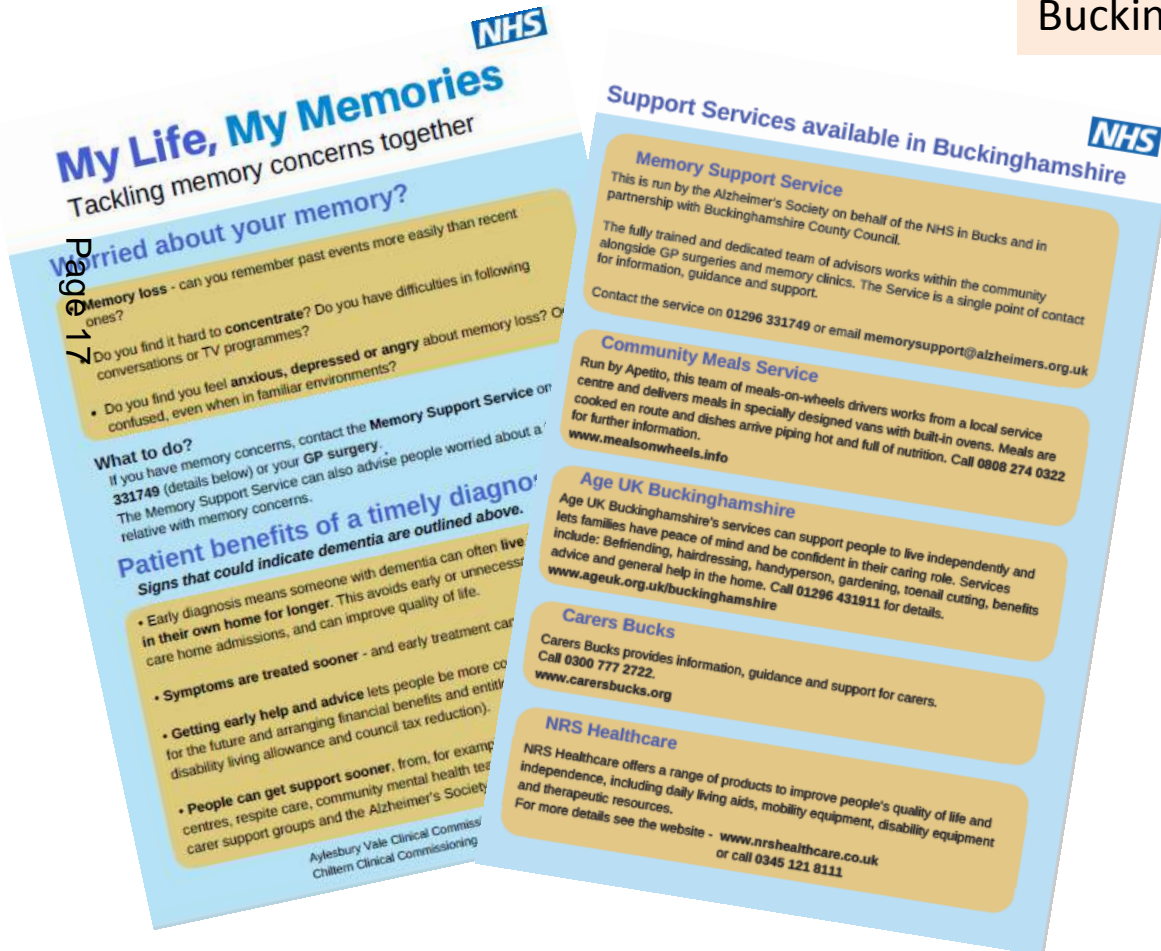
My Life, My Memories project ..

Project focusing on dementia in the different communities within the Buckinghamshire area.

Produced a series of three films;

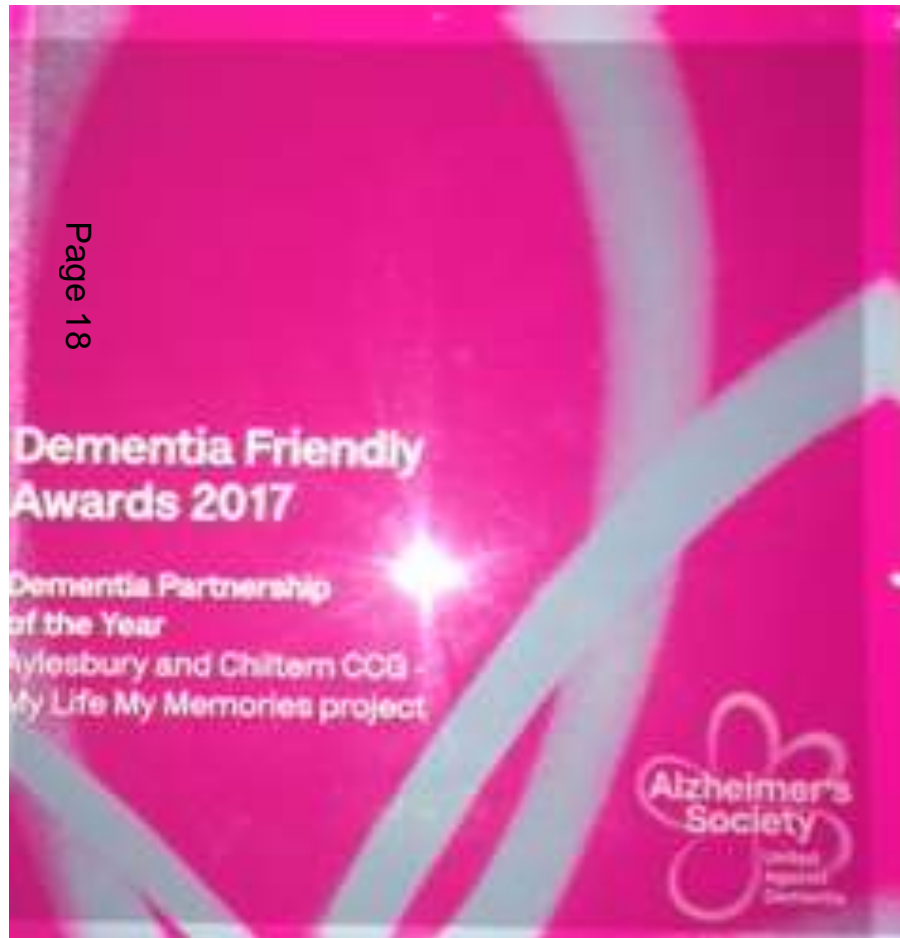
- Living Well with Memories
- <https://www.youtube.com/watch?v=BufkJUVbNf4>
- My Life my Memories
- <https://www.youtube.com/watch?v=f4xi77PdQ8s>
- I'm Still Me
- <https://www.youtube.com/watch?v=gxoz6OUcIn0>

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Dementia Friendly Partnership of the Year

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Virtual Dementia Tour



Living with Joy workshops





Waterside Theatre Aylesbury
18th November 2018

NHS HEALTH CHECK

Helping you prevent

diabetes

heart disease

kidney disease

stroke & dementia

Dementia Modifiable Risk Factors

1. Weight
2. Smoking
3. Cholesterol
4. Exercise
5. Blood pressure





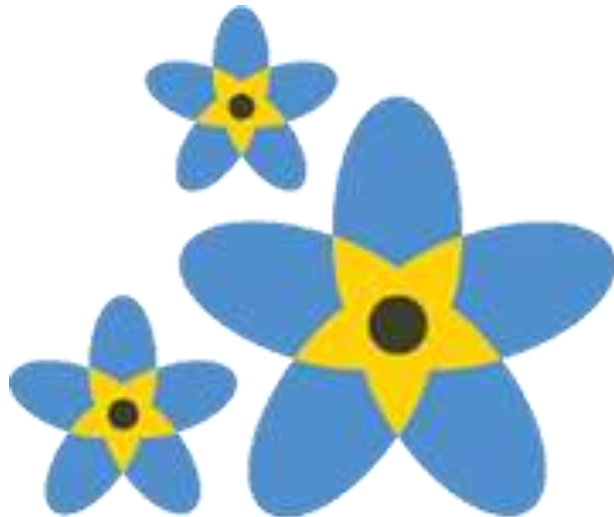
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 **Join
dementia
research**

**Memory[®]
Walk** Item 13
Fighting dementia together

Buckinghamshire CCG is ...



Working to become
**Dementia
Friendly**

